AQAR 2023-24

## CAPACITY BUILDING AND SKILLS ENHANCEMENT INITIATIVES LIFE SKILL

No Development and Skills Enhancement Program (DD-MM-YYYY)  1 International Yoga day 21-06-2023 Therapy) from Kaduvizhi siddha yoga center Program Development and Yoga day 21-06-2023 Therapy) from Kaduvizhi siddha yoga center Development Program Dr. Lakshminarayan, a mental health provider Dr. Lakshminarayan, a mental health provider Thiru Kaarai Selvaraj , Journalist MGC MGC Dr. Joe Nisha Aravind , Councelling Psycology Psycology Psycology Psycologist Dr. Joe Nisha Aravind , Councelling Psycologist Dr. K.S. Ramesh, Deputy Director of Banyan Academy of Leadership in Mental Health Drug awarness Dr. Health and Hygiene 16-12-2023 MGC	Sl	Name of the Capacity	Date of	Name Of The Agencies/Consultants involved
1 International Yoga day 21-06-2023 Therapy) from Kaduvizhi siddha yoga center 2 Mind Your Mind 17-07-2023 Dr.Lakshminarayan, a mental health provider 3 pechekalaiyum Thalaimaipanbum 2/8/2023 Thiru Kaarai Selvaraj , Journalist 4 Anti-drug awareness program 11/8/2023 MGC   5 Organ Donation 24/8/2023 MGC   6 Workshop on Cyber Psycology 7/9/2023 Psycologist   7 World Suicide Prevention Day 12/9/2023 Dr. K.S. Ramesh, Deputy Director of Banyan Academy of Leadership in Mental Health   9 Managing Emotion 4/10/2023 Dr.B. Narashima Rao , Soft skill trainer   10 Theoritical performance on Anti Drug awarness   11 Health and Hygiene 16-12-2023 MGC   11 Health and Hygiene 16-12-2023 MGC   12 Youth Empowernment 10/11/2024 MGC   13  Mr.R. RajivGanthi BPES, BPED, MBA, MSc YOGA, PT Master, YOGA   14  Medical Camp For Women 27-02-2024 Pavithram Specialty Clinic	No	Development and Skills	Implementation	with Contact Details (If Any)
Balasubramanian, B.E., D.Y.T., M.Sc(yoga Therapy) from Kaduvizhi siddha yoga center  Mind Your Mind  Pechekalaiyum Thalaimaipanbum  Pechekalaiyum Thalaimaipanbum  Morkshop on Cyber Psycology  Workshop on Cyber Psycology  Mord Suicide Prevention Day  Medical Camp For Women  Balasubramanian, B.E., D.Y.T., M.Sc(yoga Therapy) from Kaduvizhi siddha yoga center  Dr. Lakshminarayan, a mental health provider  MorLakshminarayan, a mental health provider  Thiru Kaarai Selvaraj, Journalist  MGC  MGC  Dr. Joe Nisha Aravind, Councelling Psycologist  Dr. K.S. Ramesh, Deputy Director of Banyan Academy of Leadership in Mental Health  Dr. Balasubramanian, B.E., D.Y.T., M.Sc(yoga Therapy) from Kaduvizhi siddha yoga center  Dr. Lakshminarayan, a mental health provider  MGC  Dr. Joe Nisha Aravind, Councelling Psycologist  Dr. K.S. Ramesh, Deputy Director of Banyan Academy of Leadership in Mental Health  Dr. Banyan Academy of Leadership in Mental Health  MGC  MGC  MGC  MGC  MGC  MGC  MGC  MG		Enhancement Program	(DD-MM-	
International Yoga day  21-06-2023 Therapy) from Kaduvizhi siddha yoga center  Dr. Lakshminarayan, a mental health provider  Therapy) from Kaduvizhi siddha yoga center  Dr. Lakshminarayan, a mental health provider  Thiru Kaarai Selvaraj, Journalist  Anti-drug awareness program  11/8/2023 MGC  Organ Donation  24/8/2023 MGC  Dr. Joe Nisha Aravind, Councelling Psycologist  World Suicide Prevention Day  12/9/2023 Psycologist  Por. K.S. Ramesh, Deputy Director of Banyan Academy of Leadership in Mental Health  Managing Emotion  4/10/2023 Dr., B, Narashima Rao, Soft skill trainer  Drug awarness  18-10-2024 MGC  Health and Hygiene  16-12-2023 MGC  17 Youth Empowernment  10 Mr.R.RajivGanthi BPES, BPED, MBA, MSC YOGA, YOGA  Theoritical perforwomen  10 Mr.R.RajivGanthi BPES, BPED, MBA, MSC YOGA, PT Master, YOGA  To Dr. E. Pavithra Balaji (Gynecologist/ Obstetrician) and Dr. Balaji. B (Spine Surgeon) Pavithram Specialty Clinic			YYYY)	
Mind Your Mind  17-07-2023  Dr. Lakshminarayan, a mental health provider  2/8/2023  Thiru Kaarai Selvaraj , Journalist  Anti-drug awareness program  11/8/2023  MGC  Organ Donation  2/8/2023  MGC  Dr. Joe Nisha Aravind , Councelling Psycologist  Workshop on Cyber Psycology  7/9/2023  World Suicide Prevention Day  12/9/2023  Memtal Health  13-10-2024  Memtal Health  Drug awarness  18-10-2024  Health and Hygiene  16-12-2023  MGC  Dr. K.S. Ramesh, Deputy Director of Banyan Academy of Leadership in Mental Health  MGC  MGC  MGC  MGC  MGC  MGC  Academy of Leadership in Mental Health  MGC  MGC  MGC  MGC  MGC  MGC  Theoritical performance on Anti Drug awarness  18-10-2024  MGC  MGC  MGC  MGC  MGC  Thealth and Hygiene  16-12-2023  MGC  MGC  MGC  MGC  MGC  To Dr. E.Pavithra Balaji (Gynecologist/ Obstetrician) and Dr. Balaji.B (Spine Surgeon) Pavithram Specialty Clinic	1			Balasubramanian, B.E.,D.Y.T.,M.Sc(yoga
3 pechekalaiyum Thalaimaipanbum 2/8/2023 Thiru Kaarai Selvaraj , Journalist 4 Anti-drug awareness program 11/8/2023 MGC 5 Organ Donation 24/8/2023 MGC 6 Workshop on Cyber Psycology 7/9/2023 Psycologist 7 World Suicide Prevention Day 12/9/2023 Dr. K.S. Ramesh, Deputy Director of Banyan Academy of Leadership in Mental Health 9 Managing Emotion 4/10/2023 Dr., B, Narashima Rao , Soft skill trainer 10 Theoritical performance on Anti Drug awarness 18-10-2024 MGC 11 Health and Hygiene 16-12-2023 MGC 12 Youth Empowernment 10/1/2024 MGC 13 WGC 14 WGC 15 Mr.R.RajivGanthi BPES, BPED,MBA,MSc YOGA, PT Master, YOGA 16 Dr.E.Pavithra Balaji (Gynecologist/Obstetrician) and Dr.Balaji.B (Spine Surgeon) Pavithram Specialty Clinic		International Yoga day	21-06-2023	Therapy) from Kaduvizhi siddha yoga center
4 Anti-drug awareness program 11/8/2023 MGC 5 Organ Donation 24/8/2023 MGC 6 Workshop on Cyber Psycology 7/9/2023 Psycologist 7 World Suicide Prevention Day 12/9/2023 Dr. K.S. Ramesh, Deputy Director of Banyan Academy of Leadership in Mental Health 9 Managing Emotion 4/10/2023 Dr. B., Narashima Rao , Soft skill trainer 10 Theoritical performance on Anti Drug awarness 18-10-2024 MGC 11 Health and Hygiene 16-12-2023 MGC 12 Youth Empowernment 10/1/2024 MGC 13 Mr.R.RajivGanthi BPES, BPED,MBA,MSc YOGA, YOGA 14 Theorem Anti Drug awarness Training Macademy of Leadership in Mental Health MGC 15 Mr.R.RajivGanthi BPES, BPED,MBA,MSc YOGA, PT Master, YOGA 16-12-2024 To Dr.E.Pavithra Balaji (Gynecologist/Obstetrician) and Dr.Balaji.B (Spine Surgeon) Pavithram Specialty Clinic	2	Mind Your Mind	17-07-2023	Dr.Lakshminarayan, a mental health provider
5 Organ Donation 24/8/2023 MGC  6 Workshop on Cyber Psycology 7/9/2023 Psycologist  7 World Suicide Prevention Day 12/9/2023  8 Dr. K.S. Ramesh, Deputy Director of Banyan Academy of Leadership in Mental Health  9 Managing Emotion 4/10/2023 Dr,B,Narashima Rao, Soft skill trainer  10 Theoritical performance on Anti Drug awarness 18-10-2024 MGC  11 Health and Hygiene 16-12-2023 MGC  12 Youth Empowernment 10/1/2024 MGC  13 Mr.R.RajivGanthi BPES, BPED,MBA,MSc YOGA, YOGA 31-01-2024 To Dr.E.Pavithra Balaji (Gynecologist/ Obstetrician) and Dr.Balaji.B (Spine Surgeon) Medical Camp For Women 27-02-2024 Pavithram Specialty Clinic	3	pechekalaiyum Thalaimaipanbum	2/8/2023	Thiru Kaarai Selvaraj , Journalist
6 Workshop on Cyber Psycology 7/9/2023 Psycologist 7 World Suicide Prevention Day 12/9/2023 Dr. K.S. Ramesh, Deputy Director of Banyan Memtal Health 13-10-2024 Academy of Leadership in Mental Health 9 Managing Emotion 4/10/2023 Dr,B,Narashima Rao , Soft skill trainer 10 Theoritical performance on Anti Drug awarness 18-10-2024 MGC 11 Health and Hygiene 16-12-2023 MGC 12 Youth Empowernment 10/1/2024 MGC 13 Mr.R.RajivGanthi BPES, BPED,MBA,MSc YOGA, YOGA 31-01-2024 PT Master, YOGA 14 Lo Dr.E.Pavithra Balaji (Gynecologist/Obstetrician) and Dr.Balaji.B (Spine Surgeon) Pavithram Specialty Clinic	4	Anti-drug awareness program	11/8/2023	MGC
Workshop on Cyber Psycology 7/9/2023 Psycologist  World Suicide Prevention Day 12/9/2023  B  Wemtal Health 13-10-2024 Academy of Leadership in Mental Health  Managing Emotion 4/10/2023 Dr,B,Narashima Rao , Soft skill trainer  Theoritical performance on Anti Drug awarness 18-10-2024 MGC Health and Hygiene 16-12-2023 MGC  Youth Empowernment 10/1/2024 MGC  Mr.R.RajivGanthi BPES, BPED,MBA,MSc YOGA, YOGA 31-01-2024 To Dr.E.Pavithra Balaji (Gynecologist/ Obstetrician) and Dr.Balaji.B (Spine Surgeon) Pavithram Specialty Clinic	5	Organ Donation	24/8/2023	MGC
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8 Memtal Health 13-10-2024 Academy of Leadership in Mental Health 9 Managing Emotion 4/10/2023 Dr,B,Narashima Rao , Soft skill trainer 10 Theoritical performance on Anti Drug awarness 18-10-2024 MGC 11 Health and Hygiene 16-12-2023 MGC 12 Youth Empowernment 10/1/2024 MGC MGC 13 Mr.R.RajivGanthi BPES, BPED,MBA,MSc YOGA, YOGA 31-01-2024 PT Master, YOGA 14 to Dr.E.Pavithra Balaji (Gynecologist/Obstetrician) and Dr.Balaji.B (Spine Surgeon) Pavithram Specialty Clinic		Workshop on Cyber Ps <mark>ycology</mark>	7/9/2023	Psycologist Psycol
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9 Managing Emotion 4/10/2023 Dr,B,Narashima Rao , Soft skill trainer  10 Theoritical performance on Anti Drug awarness 18-10-2024 MGC  11 Health and Hygiene 16-12-2023 MGC  12 Youth Empowernment 10/1/2024 MGC  13 Mr.R.RajivGanthi BPES, BPED,MBA,MSc YOGA, PT Master, YOGA  14 to Dr.E.Pavithra Balaji (Gynecologist/Obstetrician) and Dr.Balaji.B (Spine Surgeon) Medical Camp For Women 27-02-2024 Pavithram Specialty Clinic	8	Œ		Dr. K.S. Ramesh, Deputy Director of Banyan
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Drug awarness  18-10-2024 MGC  Health and Hygiene  16-12-2023 MGC  Youth Empowernment  10/1/2024 MGC  Mr.R.RajivGanthi BPES, BPED,MBA,MSc YOGA, YOGA  YOGA  31-01-2024 PT Master, YOGA  to Dr.E.Pavithra Balaji (Gynecologist/Obstetrician) and Dr.Balaji.B (Spine Surgeon)  Medical Camp For Women  27-02-2024 Pavithram Specialty Clinic	9	Managing Emotion	4/10/2023	Dr,B,Narashima Rao , Soft skill trainer
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13 YOGA 31-01-2024 Mr.R.RajivGanthi BPES, BPED,MBA,MSc YOGA, PT Master, YOGA  14 to Dr.E.Pavithra Balaji (Gynecologist/ Obstetrician) and Dr.Balaji.B (Spine Surgeon) Medical Camp For Women 27-02-2024 Pavithram Specialty Clinic	11	Health and Hygiene	16-12-2023	MGC .
YOGA  31-01-2024  PT Master, YOGA  to Dr.E.Pavithra Balaji (Gynecologist/ Obstetrician) and Dr.Balaji.B (Spine Surgeon)  Medical Camp For Women  27-02-2024  Pavithram Specialty Clinic	12	Youth Empowernment	10/1/2024	MGC
to Dr.E.Pavithra Balaji (Gynecologist/ Obstetrician) and Dr.Balaji.B (Spine Surgeon) Medical Camp For Women 27-02-2024 Pavithram Specialty Clinic	13			Mr.R.RajivGanthi BPES, BPED,MBA,MSc YOGA,
Medical Camp For Women  Obstetrician) and Dr.Balaji.B (Spine Surgeon) Pavithram Specialty Clinic		YOGA	31-01-2024	PT Master, YOGA
Medical Camp For Women 27-02-2024 Pavithram Specialty Clinic	14			to Dr.E.Pavithra Balaji (Gynecologist/
				Obstetrician) and Dr.Balaji.B (Spine Surgeon)
15 Health and Life style 26-04-2024 Dr.R.Raja		Medical Camp For Women	27-02-2024	Pavithram Specialty Clinic
	15	Health and Life style	26-04-2024	Dr.R.Raja