



CAPACITY BUILDING AND SKILLS ENHANCEMENT INITIATIVES

LIFE SKILL

Sl No	Name of the Capacity Development and Skills Enhancement Program	Date of Implementation (DD-MM-YYYY)	Name Of The Agencies/Consultants involved with Contact Details (If Any)
1	International Yoga day	21-06-2023	Balasubramanian, B.E.,D.Y.T.,M.Sc(yoga Therapy) from Kaduvizhi siddha yoga center
2	Mind Your Mind	17-07-2023	Dr.Lakshminarayan, a mental health provider
3	pechekalaiyum Thalaimaipanbum	2/8/2023	Thiru Kaarai Selvaraj , Journalist
4	Anti-drug awareness program	11/8/2023	MGC
5	Organ Donation	24/8/2023	MGC
6	Workshop on Cyber Psycology	7/9/2023	Dr. Joe Nisha Aravind , Councelling Psycologist
7	World Suicide Prevention Day	12/9/2023	
8	Memtal Health	13-10-2024	Dr. K.S. Ramesh, Deputy Director of Banyan Academy of Leadership in Mental Health
9	Managing Emotion	4/10/2023	Dr,B,Narashima Rao , Soft skill trainer
10	Theoritcal performance on Anti Drug awarness	18-10-2024	MGC
11	Health and Hygiene	16-12-2023	MGC
12	Youth Empowerment	10/1/2024	MGC
13	YOGA	31-01-2024	Mr.R.RajivGanthi BPES, BPED,MBA,MSc YOGA, PT Master, YOGA
14	Medical Camp For Women	27-02-2024	to Dr.E.Pavithra Balaji (Gynecologist/ Obstetrician) and Dr.Balaji.B (Spine Surgeon) Pavithram Specialty Clinic
15	Health and Life style	26-04-2024	Dr.R.Raja